

Vivekanand Education Society

(Reg.No. F-1029 BOM.)

Message of Shri Mahesh Tejwani, President of Vivekanand Education Society (VES), Mumbai, India

As Vivekananda Education Society (VES) completes two years as PRME signatory, it is a matter of privilege and joy for me to share that our commitment towards sustainability has grown in myriad ways, to encompass wider initiatives aligned with the Sustainable Development Goals (SDGs).

As a values-driven family of 25 educational institutes, with over 22,000 students, we are deeply committed towards integrating planet-friendly and socially harmonious practices, into the lives, hearts and minds of our students and staff members.

The vision of our founding father, the revered Late Shri Hashu Advani-ji, is an eternal source of inspiration and pride to us, ensuring that all our activities in the field of education are ethical and geared towards building a society, a nation and a world with productive, happy and responsible citizens.

As we grow along with the PRME journey, we take special pride in linking the ancient wisdom of our nation, with the 17 SDGs of the twenty-first century, to offer to our students the best of both worlds. We are confident that our initiatives and endeavours will have a "positive ripple effect", impacting society through our students. Through this Sharing Information of Progress Report, we offer our humble contribution to this august global platform of institutions committed towards sustainability.

We reiterate our commitment towards learning and disseminating the much-needed inputs for a cleaner, healthier, more equitable and better planet!

MF Tejwan.

(Mahesh Teiwani

President – Vivekanand Education Society, Mumbai, India

"You are the children of God, the sharers of immortal bliss, holy and perfect beings. You are divinities on earth. Come up, O lions, and shake off the delusion that you are sheep; you are souls immortal, spirits free, blest and eternal; you are not matter, you are not bodies. Matter is your servant, not you, the servant of matter."

- Swami Vivekananda, Complete Works

These rousing words of Swami Vivekananda, are an apt reminder to all those who have chosen the sacred calling of education and hence hold the power as well as the responsibility to nurture young hearts and minds towards a cleaner, healthier, safer and saner way of living.

The strength of a nation lies in its people. There can be several myriad metrics of assessment of her people's well-being – economic security, food security, the availability of health –based infrastructure, strong legal institutions, social and political freedom of expression and so on. All of these make for a robust nation.

Hence it is fitting that the various activities of the Vivekanand Education Society (VES), towards this noble cause of nation-building, should encompass a wide spectrum of goals, all of which are linked to sustainable living.

The second PRME report of VES reflects the increasing alignment of socially-responsive activities with the 17 Sustainable Development Goals of the Principles of Responsible Management Education. The six principles of purpose, values, method, research, partnership and dialogue, therefore become increasingly central to our plans. The objective is to adopt an increasingly self-aware and conscious set of choices, when it comes to empowering students with sustainability-based thinking.

It is hence a matter of joyous privilege therefore, to share a brief snapshot of these activities, via this Sharing Information on Progress report. As we look forward to our future activities, the assessment of outcomes will gain greater significance, with plans being mapped to achieved results.

Our long-term vision? To work towards a society, a nation and a world whose citizens epitomize the powerful strength and harmony of Swami Vivekananda's words...

A collage of various SDG-aligned activities of Institutes within the Vivekanand Education Society (VES) family:



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Vivekanand Education Society Institute of Technology (VESIT)

SMART INDIA HACKATHON- The Hon'ble Prime Minister of India, Shri Narendra Modi, envisages a Digital India to bridge the digital divide in our country. In order to work towards our PM's vision, MHRD, All India Council for Technical Education (AICTE), Inter Institutional Inclusive Innovation Center (i4C), and Persistent Systems organized Smart India Hackathon 2017, a unique initiative to identify new and disruptive digital technology innovations for solving the challenges faced by our country. VESIT won the first and second prizes in 2018 and second prize in 2017

S. No.	Date	Topic	SDG linkage
11	1 st and 2 nd April 2018	Smart India Hackathon	SDG – 4 quality Education

1st Prize, 2018: Council of Scientific and Industrial Research (CSIR) (1st),

2nd prize, 2018: Skill Entrepreneurial Network Development & Entrepreneurship (runner up)



PRAXIS Techfest "Praxis 2017" organized by VESIT Renaissance Cell (VRC), A two-day technical event was a showcase of various innovations across Robotics, Mechanics, Technical, Electronics and other events beside the inclusion of several fun events. The building of an innovative scientific culture is the need of the moment and events like Praxis help in inculcating the right scientific discipline in students

S. No.	Date	Topic	SDG linkage
1	22-23 September 2017	PRAXIS	SDG – 4 quality Education



SPECIAL RECRUITMENT CELL: A special recruitment Cell has been constituted under the Training and Placement cell with effect from academic year 2017-2018, with the following objectives

- 1. To identify the students who are not able to appear for the placement process because they are not meeting the eligibility criteria of the companies that visit our campus and students who could not get placed even after appearing for the placement drives.
- 2. To guide and help such students get further opportunities for placement and internship.
- 3. For students in the current batch not meeting the eligibility criteria, to start parallel placement / internship opportunities for such students by identifying and inviting open criteria companies.
- 4. To identify the problems and skill set requirement of such students and to seek help of alumni to improve their technical and soft skills.
- 5. To organize special training program and workshops for such students to enhance technical and soft skills through need based special finishing school at department and college level.

Flowing activities has been conducted:

- Workshops and Training and certification courses have been conducted.
- Recruitment/Internship Opportunities shared with Unplaced Students from 2016-17 and 2017-18 Batch.
- Skill set Training Cum Employment assistance Proposals received
- Interaction Session with Major Sandip Tiwari regarding preparation for Army Recruitment
- Internship to the students: 262 students from VESIT has been provided internship in industries, R&D organizations and renowned institutes

S. No.	Topic	SDG linkage
1	SPECIAL RECRUITMENT CELL	SDG – 4 quality Education, SDG—9- Industry, innovation and infrastructure





INTER-COLLEGE-COMPETITION: in order to focus on resource management, and use of technology as a planet-friendly alternative to conventional resources, VESIT organised various inter-college competitions, like project showcase talk delivery, debate, research paper presentation

S. No.	Date	Topic	SDG linkage
1	27 th January 2018	Inter-college Elocution Competition (spoken on a topic)	SDG—9 Industry, innovation and infrastructure
2	22 & 24 March 2018,	E-Yantra (project) E- classroom	SDG-9 Industry, innovation and infrastructure
3	7 th -8 th April 2018	Eyantra (project)	SDG-9 Industry, innovation and infrastructure
4	23 rd to 25 th March	RoboFeast during Cognizance Fest(annual technical fest of IIT Roorkee)	SDG-9 Industry, innovation and infrastructure
5	3rd March, 2018	SAMVAAD'18, the inter- college Debate Competition (debate)	SDG-9 Industry, innovation and infrastructure
6	December 2017	AVISHKAR 2016-17	SDG—9 Industry, innovation and infrastructure

E-Yantra: This included e-classroom project, aiming at flexible, interactive conduction of oral sessions, e-records of list of sessions conducted by instructors and attendees, maintenance of e-notes, resources management such as power management, and many such modules.



E-Cell Activity: Theme of the event was to help all students acquire study resource material, such as books and study notes, at a discount to market price, to make quality education more affordable.

S. No.	Date	Topic	SDG linkage
1	24 August 2017	BOOKSWAP EVENT	SDG 4 – Quality Education,
			SDG—9 Industry,
			innovation and infrastructure

INSTITUTE- INDUSTRY INTERACTION: The institute industry interaction activities are conducted through training workshop sessions, talk from experts, industrial visits etc.

S. No.	Date	Topic	SDG linkage
1	20 July to 9 August, 2017	Graduate Engineer Training Program for Larsen and Toubro	SDG—9 Industry, innovation and infrastructure
2	20 July to 9 August, 2017	One day Workshop was organized by BIRAC Regional Innovation Centre (BRIC) in collaboration with IKP Hyderabad and Vivekanand Education Society (VES)	SDG-9 Industry, innovation and infrastructure
3	20 July to 9 August, 2017	INDUSTRIAL VISITS	SDG-9 Industry, innovation and infrastructure



Projects: VESIT provides opportunity to students for taking up projects under LBS (learning Beyond Syllabus), Technology Day

S. No.	Topic	SDG linkage
1	Project (IoT based concept wherein electricity bills are switched to prepaid facility. This work is used to monitor power consumption and automatically alerts the user to recharge the account through the Internet and SMS) **project Highlighted in newspaper Hindustan Times (18/12/2017)	SDG—9 Industry, innovation and infrastructure, SDG 12 Responsible Consumption and Production
2	First rankVESIT Network Second Rank – Virtual Reality- A walk through the jungle	SDG-9 Industry, innovation and infrastructure,
	Third Rank - Vehicle tracking System and IoT based garbage management system **Ranking done based on intra-college LBS Project presentation	SDG 12 Responsible Consumption and Production



Social Activities

S. No.	Topic	SDG linkage
1	Blood Donation Drive under So Responsibility Team (SoRT)	cial SDG—3 Good Health and wellbeing

2	Traffic Monitoring – Ganpati Visarjan under SoRT	SDG-11 Sustainable cities and communities
3	UMEED Under SoRT	SDG-1 No Poverty
4	Bone Marrow Donation under SoRT	SDG-3 Good Health and wellbeing

S. No.	Topic	SDG linkage
1	WHIPLASH: The VESIT Intra-Collegiate Debate Competition	SDG—3 Good Health and well-being,11
2	Short Film Making Competition to fight against corruption	SDG—3 Good Health and well-being,11

Intra-college Competition



Vaachan Prerna Diwas Celebration:

On the occasion of birth anniversary of our former president Dr. APJ Abdul Kalam which was on October 15, VESIT had celebrated "Vaachan Prerna Diwas" on 14th October 2017. This session was arranged for all the teaching and non-teaching staff.

S. No.	Topic	SDG linkage
1	Vaachan Prerna Diwas Celebration	SDG—4 Quality Education,9 Industry, innovation and infrastructure



Yoga Day:

The staff and students of Vivekanand Education Society's Institute of Technology along with VES College of Arts, Science and Commerce celebrated International Yoga Day under the guidance of Ms. Rita C Vazirani & Mr. Prasad Godse.

S. No.	Topic	SDG linkage
1	Yoga Day	SDG—3 Good Health and well-being





Born to Blossom

Born to Blossom" seminar was organized by the prestigious Swami Vivekananda Kendra, at Vivekanand Education Society's Institute of Technology on the 29th of July, Saturday for the MCA 2nd and 3rd year students and faculty

S. No.	Topic	SDG linkage
1	Born to Blossom	SDG—16 Peace, justice and Strong institutions

Young India, New India - A Resurgent Nation: from Sankalp to Siddhi

On 11th September 17, on the occasion of Pandit Deendayal Upadhyay Century Celebration and 125th year of Swami Vivekanand's Chicago Address, the live telecast of "**Young India**,

New India – A Resurgent Nation: from Sankalp to Siddhi" speech by Hon'ble Prime Minister Shri Narendra Modi was shown to First Year students. Some students have submitted their views for Young India, New India.

S. No.	Topic	SDG linkage
1	A Resurgent Nation : from Sankalp to Siddhi	SDG—16 Peace, justice and Strong institutions

Health and Immunity

Keeping in mind the stress and strain prevalent in every individual's life, a session on Health and Immunity was organized by VESIT and VESLARC, for VESIT staff in the college auditorium on February 14, 2018.

S. No.	Topic	SDG linkage
1	Health and Immunity	SDG—3 Good Health and well-being

VES College of Arts Science & Commerce (VESASC College)

The sustainability-linked activities at VESASC College span a wide gamut of SDGs. Following are three tables, listing details of activities of the college, under the Social Awareness Week (SAW) of the Bachelor of Mass Media department, activities of the Go green committee and those of the Chemistry department.

BMM DEPARTMENT SOCIAL AWARENESS WEEK (SAW)

SDG	Sustainable Development Goals	SAW Activities	
1	End Poverty	Distribution of food items at slums of Ghatkopar, Govandi, Kalyan and Navi Mumbai.	
2	End Hunger	Distribution of food items at NGO's of Navi Mumbai, (Matru sadan & Girija Balgraha), Kalyan (Shanti Bhavan Old Age Home,Navajyothi Trust) Chembur (Sevadaan, CORO India,A ai Care Taker, RCF Youth Council)	
3	Healthy lives, Wellbeing	Blood Donation and Health Check-up camp at VES College, Lecture delivered by Rajkumar Sharma on 'Hygiene and Environment', Visit to Access Life NGO and Bal Anand NGO	
4	Inclusive, equitable quality education	Rally from VES College to Ambedkar Garden (Chembur Station), PR Activity for the betterment of the society.	
5	Gender Equality	Rally from VES College to Ambedkar Garden (Chembur Station)	
6	Sustainable water management	Rally from VES College to Ambedkar Garden(Chembur Station), Versova Jetty Beach Clean Up Organized by Afroz Shah	
7	Sustainable Energy	Rally from VES College to Ambedkar Garden(Chembur Station)	
10	Reduce Inequalities	Rally from VES College to Ambedkar Garden(Chembur Station) Leprosy Village Visit (Trombay) Distribution of snacks as a token of appreciation to the Non-Teaching Staff of VES College.	
11	Safe and sustainable cities	Traffic Safety event at Suman Nagar Traffic Signal. Pet Adoption Welfare Campaign.	
13	Action for climate change		
14	Action for seas, oceans, marine resources		
17	Strengthen global partnerships for SD.	Traffic Safety and Versova Jetty Beach Clean Up Organized by Afroz Shah, Rashtriya Chemicals and Fertilizers (RCF), a Public Sector Undertaking (PSU)	

Go Green Committee

Sr	Date	Activity	Objective	SDG
No 1	02/12/2017	National pollution prevention day was celebrated in the quadrangle of college premises.	To spread awareness about fuel efficiency and prevention of vehicular air pollution	No 13
2	03/02/2018	A talk titled "Impacts of growing electricity consumption in our campus on environment and our initiatives to minimize" was delivered by Dr. Devidas Gulwade. Also the problem of plastic waste and possible disastrous situation in future was highlighted. The objective was to sensitize the students about need for energy conservation.		No 7,12,14
3	17/02/2018	A guest lecture on "Waste Management-Kitchen Composting" Waste Composting To highlight the merits of kitchen waste composting and create awareness in the society through students to resolve the city garbage problem at individual level.		No 11
4	February 2018	Poster competition on "Impact of Global warming and environmental degradation" To understand the environmental, health and social effects of global warming.		No 13
5	June 2017- April 2018	Mr. Aankeet Gokkal Gandhi started the initiative of collection of Tetrapak and used batteries,		No 12
6	June 2017 – October 2017	In the project "Routine analysis of drinking water" various drinking outlets in college premises was analyzed.	To check drinking water quality.	No 06
7	17/10/2017	Dr. Minal Parab had organised an elocution competition titled " My Experiences with Nature"	on competition titled "My appreciation of nature	
8	22/03/2018	World water day was celebrated and various facets related with water wastage and severe situation of water crises across the different parts of the country was highlighted in the discussion with students. Also documentary on 'save river' of Isha foundation was shown to students.	To sensitize students about need to minimize wastage of water and make optimum use of the water in all our day to day activities .	No 06

CHEMISTRY DEPARTMENT

Sr No.	Activity	Details	SDG Linkage
1	Creating awareness amongst students for the value - Gender Respect (Value of the month)	Mr. Ravi Bohra (SYBSc.) gave a talk on the Value Gender Respect on 15/02/2018	5 - Gender equality
2	Creating awareness amongst the community in the related subject domain - MSc Students, 22nd March 2018	On March 22, world water day was celebrated and various facets related with water wastage and severe situation of water crises across the different parts of the country was highlighted in the discussion with students. Also, documentary on save river of Isha foundation was shown to students. Students took oath to minimize the wastage of water by changing their habits.	6 - Sustainable water management
3	Conducting research related to environment e. g analysis of soil, water body	One project was carried out on analysis of analysis of water bodies. The water was collected form Waman Wadi and Teen Talav from Chembur area	6 - Sustainable water management
4	Industrial visit was carried out at Common Effluent Treatment (CETP) Koparkhairane on Monday, 02nd April 2018 for S. Y. B.Sc. students	The main objective behind the visit was to make students aware about water treatment and purification to control pollution. The Director of CETP informed students about several plans of Ministry of Environment & Forests, Govt. of INDIA, to combat water pollution.	6 - Sustainable water management

VES COLLEGE OF PHARMACY (VESCOP)

While the focus is on SDG 3 and good health for all, VES College of Pharmacy also focuses on several other SDGs. Following is a table that lists the various sustainability-linked activities, along with dates and linkage to SDGs. This is followed by photographs and brief write-ups of the same.

Sr. No	Title of the Campaign	Date and Venue	Link with SDG
1.	Blood Collection Drives	August 2017 to	3
		January 2018	
		Mumbai city	
2.	Hepatitis Awareness	July, 2017	3
3.	Food Distribution	August, 2017. Vashi	1, 2
4.	Trek with the visually challenged	August, 2017, A fort	10
		near Mumbai	
5.	Relief Supplies for the flood-	August, 2017	2, 3, 10
	affected in Bihar and Nepal		
6.	Celebrating Women	September, 2017,	5
	Empowerment	Online	
7.	Donation of Stationery Items to	September, 2017,	1, 4
	Municipal School Children	Dharavi	
8.	'Let's Seize the Day' - Epilepsy	27 th September, 2017	3, 17
	Awareness in collaboration with	Tulsi Polytechnic,	
	Samman- an NGO	Chembur	
9.	'You can't beat a Healthy Heart'-	1 st October, 2017.	3
	World Heart Day	Housing Colony,	
	, and the second		
10.	Mental Health Week	Bhandup $10^{th} - 16^{th} \text{ October},$	3
		2017; Online	
11.	Rhythm- Visit to an Orphanage	14 th October, 2017	3, 10
		Our Lady's Home	,
		Orphanage	
12.	Post-Diwali Clean-up	October, 2017-	11, 15
	1	neighbourhood areas	
13.	'Get Your Pink On'- Breast	2 nd November, 2017.	3
	Cancer Awareness	VES College of	
		Pharmacy	
14.	'ABC- Always Be Clean'	3 rd November, 2017.	3, 10
		NASEOH	,
15.	'Get the Point'- Immunisation	19 th December, 2017	3
	Awareness Campaign	Shatabdi Municipal	
		Hospital, Govandi	
16.	'Go the Distance' - First Aid kit	9 th January, 2018.	3
	distribution in Rural Area	Village near	
		Badlapur	
17.	'Not All Wounds are Visible' -	13 th January, 2018	3
	Mental Wellness	Mental Wellness	
		awareness	

18.	Railway Station Cleanliness Drive	January, 2018	11
19.	Beach Clean-up Drive	11 th March, 2018	11, 15

VES College of Pharmacy, through its Public Health Office (PHO) and Rotaract Club, is involved in social activities with primary focus on health related issues.









- 1. The PHO and Rotaract Club of VESCOP has been part of over 10 blood donation campaigns organized by various blood banks of the city of Mumbai. Through these campaigns, over 1000 units of blood have been collected.
- 2. **July, 2017** (*Hep'Fact'it is'*)- **Hepatitis Awareness Week:** Promotion of awareness about Hepatitis- causes, symptoms and prevention through campaign.
- 3. **August, 2017- Food Distribution** Excess food is usually thrown away by restaurants or during events such as weddings. Rotaract Club of VESCOP collaborated with an NGO in Mumbai and collected the unopened excess food packets and distributed among the needy and poor.
- 4. 15th August, 2017- Trek with the visually challenged- A trek to a fort near Mumbai was organized in collaboration with a trekkers club. This trek was done along with visually challenged people.

- 5. August, 2017- Relief supplies for flood affected Bihar and Nepal- Rotaract Club of VESCOP joined hands with 45 other clubs to collect basic supplies such as medicines, food items, sanitary pads etc for the flood affected people of Bihar and Nepal. These were sent by India Post to the affected areas.
- 6. **September, 2017 Celebrating Empowerment of Women**: A project based on Women Empowerment coinciding with Navratri- a festival that celebrates womanhood.
- 7. September, 2017 Donation of Stationery Items to Municipal School Children-Stationery items such as notebooks and writing instruments were distributed to a Municipal school in Dharavi during Ganeshotsav.
- 8. **27th September, 2017**, ('Let's Seize the Day') **Epilepsy Awareness:** Epilepsy is a disorder that is associated with lot of myths among common people. To dispel the myths and increase awareness about the disorder, PHO of VESCOP with the help of SAMMAN, an NGO that works in the field of epilepsy, conducted an awareness workshop for students of a polytechnic institute.
- 9. **1st October, 2017** (*'You can't beat a Healthy Heart'*): On the occasion of World Heart Day, a campaign was organised in a housing colony. The residents were made aware about healthy lifestyle for healthy heart. They were also given a demonstration of simple but effective yoga techniques that can be practised daily for good health.
- 10. **October, 2017- Mental Health Week**: Participants were given some tips on mental wellness. They were asked to record in a weekly calendar of their experience and post them on FB and Instagram.
- 11. October, 2017- Rhythm- Visit to an orphanage: On the occasion of Joy of Giving week, member of Rotaract Club of VESCOP organised activities for kids living in Our Lady's Home orphanage.
- 12. **October, 2017- Post-Diwali clean-up**: Rotaract Club members of VESCOP (RCVESCOP) went around their areas to clean up the paper and other litter left on roads after bursting of fire-crackers during Diwali.
- 13. 2nd November, 2017 ('Get Your Pink On') Breast Cancer Awareness: Breast cancer is one of the most predominant cancers affecting women in India. The fight against cancer involves not only treatment but timely detection and diagnosis of the disease. A talk by eminent oncologist was organised for the staff of the college. The oncologist made the audience aware about Breast Self Examination (BSE) that can be done by women on their own and how it helps in early detection of cancer. A video on BSE was circulated through email to all participants.
- 14. 3rd November, 2017 ('ABC- Always Be Clean'): This campaign was unique with respect to the target audience- the audience comprised of people with special needs and were

challenged. A skit and demonstration depicting basic but important hygiene techniques such as handwashing were presented.

- 15. 19th December 2017- ('Get the Point')- Immunisation Awareness Campaign: Immunisation plays an important role in preventing many dangerous infectious diseases especially in children. There is a need to increase awareness among people about the immunisation chart recommended for children from birth to their adolescence. This campaign was conducted in a Municipal hospital in nearby suburb in the paediatric OPD. This hospital is frequented by people belonging to economically and socially weaker sections. Charts and posters depicting the importance of immunisation and recommended immunisation schedule for children was displayed. Pamphlets with information of immunisation were also distributed.
- 16. **9**th **January, 2018** (*'Go the Distance'*) **First Aid kit distribution in Rural Area**: A simple first aid kit was assembled and about 100 such kits were distributed in a village. Use of the kit for dressing simple wounds was demonstrated.
- 17. 13th January 2018, ('Not All Wounds are Visible') Mental Wellness: Mental health is one of the most neglected health issue especially in India. It is associated with lot of stigma and people hesitate to discuss in open. A session on this issue was organized for young students of a college. The workshop involved poster-making, write-a-tale competition and a talk by a psychologist.
- 18. **January, 2018- Railway Station Cleanliness Drive-** A suburban railway station was cleaned up by the members of Rotaract Club of VESCOP as part of World Responsible Youth Week celebrations.
- 19. **March, 2018- Beach Clean-up Drive** Dadar Beach was cleaned up by 20 volunteers of RCVESCOP along with other volunteers of Beach Please Foundation.

VES Institute of Management Studies and Research (VESIM)

VESIM CSR cell has been established with the objective of making our students socially responsible as well as sensitizing them towards different social issues. This student cell conducts various activities throughout the year.

The following sustainability-linked activities and projects have been organized during academic year 2017-18:

Sr.	<u>Date</u>	Name of the Activity	Sustainable
No		•	Development Goal
1	28/8/2017-15/9/2017	Box of Happiness (Donation Drive)	SDG-1
2	1/9/2017	Rally for River	SDG-14
3	15/09/2017	Swatch Bharat Abhiyan	SDG- 15 SDG-13
4	25/10/2017-23/12/2017	Flag Selling Activity for India	SDG-3
		Association for Blind	
5	3/12/2017-28/12/2017	Yuva for Seva-MMS Project (students	SDG-8 SDG-1,SDG-4,
		worked on various projects)	SDG-3 , SDG-15,
			SDG-6
6	17/1/2018-30/1/2018	Yuva for Seva-PGDM Project (students	SDG-8, SDG-3, SDG-4
		worked on various projects)	
7	27 /02/2018	Health Day (Included- Blood Donation	SDG-3
		Camp, Organ Donation Camp and Bone	
		Marrow Registry Camp as well as	
		special lecture series on skin and weight	
		management followed by Zumba	
		Session.)	
8	21/06/2018	Celebration of International Yoga Day	SDG-3

Brief Description About the Activities-

1. <u>Box of Happiness (Donation Drive)</u> -Donation camp was organized between 28th August 2017 to 15th September and Collected materials have been donated to two NGOs named Sukh Shanti, Deonar and Vatsalya, Kanjurmarg.



2. <u>Rally for River-Students</u> of VESIM participated enthusiastically in the campaign 'Rally for River', organized by Isha foundation on 1st September 2017. More than 150 students' participated and more than 5000 eyes caught the sight of the "RALLY FOR RIVERS" placards and pamphlet.



- 3. <u>Swacchh Bharat Abhiyan</u>-180 students participated in one day Swachhata Abhiyan activity on 15th September 2017 with faculties and staff members.
- 4. Flag Selling Activity for IAB- PGDM students started flag selling and fund raising activity for IAB and closed by 23rd of December. Collected fund 2800/- donated to IAB.
- 5. Yuva for Seva-MMS Project-180 MMS students completed their yuva for seva project from 3/12/2017-28/12/2017. Students have been placed in more than 25 NGOs across India. Induction for same has been conducted on 30th November 2017. Students associated with more than 20 NGOs across India and worked on various projects related to child and woman welfare, animal welfare, environmental development and development of travel and tourism in rural areas.
- 6. <u>Yuva for Seva-PGDM Project-</u> PGDM Students completed their Yuva for Seva Project from 17/1/2018-30/1/2018. Students associated with two NGOS and with one government project. Areas of work were travel and tourism development, woman welfare and health care sector.
- 7. <u>Health Day-</u>Health Day was organized on 27th of Februarys 2018 in VESIM campus. Camp included Blood Donation Camp, Organ Donation Camp and Bone Marrow Registry Camp as well as two special lecture series on skin and weight management followed by Zumba Session have been organized.
- 8. <u>International Yoga Day-</u> VESIM in association with VESLARC celebrated international Yoga Day in the campus on 21st June 2017.

VES College of Law (VESCOL)

While most of the activities of the VES College of Law focused on SDG 11 and 16, other SDGs too have been covered through the myriad activities. Following are short descriptions of the same, with the linkage of the SDG, and photographs of the events.

CLEANLINESS DRIVE 2017

The Swaccha Bharat Abhiyaan initiated by Honorable Prime Minister Mr. Narendra ModiJi, took place in Sindhi Society on 27th September 2017. The Principal of VES College of Law along with Faculty members and students of the college, took up brooms to clean the streets of Sindhi Society. Students performed a street play 'INDIA-2070' explaining the significance of cleanliness and hygiene during the course of the drive.

Cleanliness Drive	27.09.2017	SDG-3 Good Health and well-being
		SDG-11 Sustainable Cities and Communities
		SDG-15 Life on Land





INTRA COLLEGIATE DEBATE COMPETITION

The Debate Society of VES College of Law had organized an Inter Collegiate Debate Competition on 7TH October, 2017. 36 participants from all the classes participated for the same. Various topics related to the Sustainable Development Goals were assigned to the participants to bring about awareness about the SDGs.

Intra	Collegiate	07.10.2017	SDG-16 Peace, Justice and Strong Institutions
Debate Cor	mpetition		SDG-17 Partnerships to achieve the Goal



Orientation Program-'Aarambh'

An orientation programme- 'Aarambh' was organized for the first year students and their parents to provide them with details and information about the college and the extracurricular activities happening in college. During the course of orientation, Parents and Teachers were briefed about the SDG's and association of VES with the Principles for Responsible Management Education (PRME).

Orientation	14.10.2017	SDG-4 Quality Education
Program-		
'Aarambh'		SDG-17 Partnerships to achieve the Goal



EXPERT TALK

On 2nd December 2017, an Expert Talk was delivered by Shri V.V Lakshminarayana, (Additional DGP, Maharashtra Police) addressing all the law students about the 'Role of Police' in the Administration of the State. Discussing the nuances of Police Administration, he threw light on various issues and many high profile corporate scams investigated by him during his tenure in Central Bureau of Investigation (CBI).

Expert Talk by Shri. V	07.10.2017	SDG-4 Quality Education
V Lakshminarayana,		SDG-11 Sustainable Cities and Communities
(Additional DGP,		SDG-16 Peace, Justice and Strong Institutions
Maharashtra Police)		



EXPERT TALK

Lt. Col Chandu Mukesh Rao (Head Operations: Lawful Interception and Monitoring Reliance Jio) was invited for an expert talk on 'Cyber Hygiene' on 10th February, 2018. The lecture provided the students with great information about the harsh realities of the internet and how to protect ourselves from Cyber Crimes.

Expert Talk by Lt.	10.02.2018	SDG-9 Industry, Innovation and	
Col Chandu Mukesh		Infrastructure	
Rao (Head		SDG-12 Responsible Consumption and	
Operations: Lawful		Production	
Interception and		SDG-11 Sustainable Cities and	
Monitoring Reliance		Communities	
Jio)		SDG-16 Peace, Justice and Strong	
		Institutions	

Late Shri. Hashuji Advani Memorial National Moot Court Competition.

Late Shri. Hashuji Advani Memorial National Moot Court Competition was organized for Law Students all over the country to participate and display their mooting skills. The competition aims at testing the future law officers on various parameters like- knowledge of Law, Argumentative Skills, Court Etiquettes etc. Justice Karnik (Judge, Bombay High Court) and Mr Vijay Khole (Vice Chancellor of Amity University) inaugurated the event. 28 teams in total and 21 teams outside of Mumbai participated in the said competition. Bombay Blasts fame Judges- Justice P D Kode and Justice J N Patel were the judges for the final round.

Students coming from states like Kerala, Jammu and Kashmir, Uttarakhand were briefed about the Sustainable Development Goals and the need to achieve them. Justice Karnik lauded the efforts of VES and its various institutes for its participation in PRME program.

Late Shri. Hashuji Advani	12 th , 13 th and 14 th January,	SDG-5 Gender Equality
Memorial National Moot	2018	SDG-10 Reduced Inequality
Court Competition		SDG-12 Responsible
_	Consumption and Produc	
		SDG-11 Sustainable Cities
		and Communities
	SDG-16 Peace, Jus	
		Strong Institutions
		SDG-11 Sustainable Cit and Communities SDG-16 Peace, Justice a





ICSSR supported Seminar on 'Child in India- Issues and Challenges'

Indian Council for Social Science Research (ICSSR) supported Seminar on 'Child in India-Issues and Challenges' was organized by VES College of Law on 24th March, 2018. Justice Vijay Achliya, Judge of Bombay High court and Smt. Asha Bajpai, Founder Dean of Tata Institute of Social Sciences presided over the event as Chief Guest and Keynote speaker respectively. Academicians and students presented various research papers pertaining to the theme and subthemes of the Seminar highlighting the plight of children in India and solutions to bring about a change.

ICSSR Sponsored	24.03.2018	SDG 1- No Poverty	
State Level		SDG 2- Zero Hunger	
Seminar on 'Child		SDG 3- Good Health and Wellbeing	
in India- Issues and		SDG 4- Quality Education	
Challenges'		SDG5- Gender Equality	
		SDG 6 – Clean Water and Sanitation	
		SDG10- Reduced Inequality	
		SDG-11 Sustainable Cities and	
		Communities	
		SDG 15- Life on Land	
		SDG-16 Peace, Justice and Strong	
		Institutions	

VES Polytechnic (VESP)

1. VES Polytechnic visited JEEVAN SAUVARDHAN FOUNDATION AT TITWALA on 07/04/2018 which is an orphanage for children's of all age group. Faculties and students donated clothes, toys and eatables in generous amount to the foundation, and spent quality time with those children's and brought a smile on their faces.





2. A lecture for all girl students of VES Polytechnic on WOMENS' SAFETY by APOORVA WADIKAR was organised on 05/10/2017.





3. A lecture was organised on "HEALTH & NUTRITION" on account of WOMENS' DAY by Dr.Rashmi Bhanushali for faculties and students on 8th March 2018



4. For overall personality development physical and mental health both are important but Spiritual health can't be ignored. A session on spiritual development by Sadguru Yogiraj Sri Sri Dr Mangeshdaon 19th June 2018



5. A Session on Diabetics and its Prevention methods by Dr.Aparna Raut from NGO Ayurveda Vyaaspeeth, for all faculties on Dec 2017



6. On account of Swami Vivekananda's birth anniversary on 12th January 2018, Mastermind competition was organised for SSC students of various colleges. Further, computer awareness programme was organised for parents of VESP students who need basic knowledge of computers.



7. A Summer Workshop was organised for students who had appeared for their SSC examination, to give them detailed information on the admission process and hands-on experience of a Robotics workshop.



8. On 21st June 2018 International Yoga day celebrated together by both faculties and Students.



9. A lecture on various Environmental issues by PCRA (Petroleum conservation and Research Association Gov. of India) for all fourth semester students of VESP.



10. On 12th January every year on account of Swami Vivekananda birth anniversary VESP conducts blood donation Camp. All Faculties, staff and students actively participate in the Camp every year.





Tulsi Technical Institute (TTI)

Every year Tulsi Technical Institute conducts activities for the benefit and well-being of the students and staff members. Keeping this trend alive, this year too a number of activities were conducted.

- 1] A general medical check-up and BMI Index calculation test was conducted for the std XII students of our institute at Sai Clinic, Chembur.
- 2] A session on Stress Management was arranged for our students in association with VESLARC.
- 3] In association with TISS, an awareness programme on Tuberculosis-its causes, ill effects and contact centres for free treatment for TB was organized.
- 4] The Inner Wheel Club of Ghatkopar organized a blood group and haemoglobin assessment camp for our students and staff.
- 5] Dr Anjali Talwalkar took a session on cervical cancer-causes, detection and prevention for the girls of our institute.
- 6] A Vocational Guidance programme was organised on behalf of Tulsi Trust.
- 7] The Tulsi Trust also organised a session on 'Employability Readiness' for the students of our institute.
- 8] To commemorate the 97Th Birth anniversary of Late Wadhwaniji, a CBC and eye testing camp was organised for the students and staff of our institute.

It has been the endeavour of this institute to provide essential life skills to the students who come from impoverished backgrounds. Hence, all the activities are conducted keeping this aspect in mind.

Vivekanand English High School (VEHS)

1. Cleanliness Drive- Swatccha Bharat Abhiyan

Vivekanand English High School conducted Cleanliness drive on 2nd Oct, 2017 where the school principal, all staff members, and a total of 726 students participated enthusiastically. The drive included cleaning on the School campus, Nehru Nagar Bus Depot and Nehru Nagar Police Station. The drive also included a rally from the school till Kamgar Nagar to create awareness among the people regarding cleanliness.





2. Habitat for Humanity- Building homes for homeless

To sensitize students towards housing for the economically underprivileged, the Principal, staff and 140 students, participated in this initiative in association with Habitat for Humanity on 1st Dec,2017. Everyone got an opportunity to build and renovate the school for tribal people of Kasara village.





3.NCSC Project

As a part of National Children Science Committee (NCSC) project, the students took up a topic 'Compost from Compost' related to the problem faced by the country. Students visited from door to door to collect the information regarding the problems which they face in disposing the waste. Disposal of waste in proper manner is the current topic which needs to be highlighted. Students created an awareness among the residents of Kamgar Nagar about how biodegradable waste can be used to produce compost.







4.Fit India Campaign

Fit India Campaign- An initiative of MedScape India conducted on 17th Feb,2018 which gave hands on experience to 120 students about Cardio pulmonary Resusciation (CPR) training program on the mannequin. The students were enriched with this life saving, learning experience and have pledge to offer their yeoman service to help the people wherever and whenever required.





Swami Vivekanand High School (SVHS)

Through various activities, competitions and workshops, the school attempted to instill in the students a strong sense of environment-consciousness and social consciousness.

DATE/MONTH/YEAR/DAY	ACTIVITY		
21 st June 2017	World Yoga Day celebrated		
1 st July 2017	Yoga Day celebrated for teachers		
11 th July 2017	World Population Day.		
	Celebrated as Girl Child Day, students went around the		
	locality with banners and placards creating an awareness		
	about population growth in India		
7 th September 2017	Eco Friendly Ganesh Making		
	Competition (Clay, Vegetables, paper etc)		
	Std V-VIII.		
16 th September 2017	World Ozone Day.		
	The importance of ozone layer was discussed through		
	speeches and skits by students of Std IX. The day was also		
4	celebrated by planting saplings.		
15 th October 2017	Dr. A.P.J. Kalam Sir Day Birth Anniversary		
	'Celebrated as Reading day and No School Bag Day'.		
	The entire school was given newspapers sponsored by NIE		
	to read news, articles and other events. The school		
	remembered Dr. A P J Kalam and students spoke about his		
est —	life and contribution to science.		
1 st December 2017	World AIDS Day was marked by a talk by professional		
1.4th 72.1.2017	speaker from an NGO		
14 th December 2017	National Energy Conservation Day.		
	This was celebrated by speaking on the conservation of		
	energy, drawing and Slogan Making Competition. There		
	was also an essay writing Competition organized by Tata		
2010	Electric company Private Limited.		
26 th January 2018	Annual Day Celebration for the School		
	Wherein Shri Maheshji Tejwani, President - Vivekanand		
	Education Society, was the Chief Guest, and Dadiji		
	Vaswani as Guest of Honour. The theme of the Annual Day		
	was ' <u>Rivers- our life</u> <u>lines'.</u>		

Photographs of various activities and events that instill sustainability-linked thinking among students:









Swami Vivekanand Primary School (SVPS)

The school is an institution where curricular and co-curricular activities are given equal importance.

Sustaianability-linked thinking is inculcated in the hearts and minds of young school students in some of the following ways:

- 1) Spiritual value education classes are conducted by the Sathya sai mission. Various prayers and bhajans are taught to the kids.
- 2) Physical professional sports coaches have been appointed to develop the skills required for sporting activities.
- 3) Environmental the "Re-use, reduce, reuse" mantra is drilled into the students from a young age so that they learn to value nature and nurture it. The need for the ban on plastic bags, reusing paper, using water economically etc are explained to them.
- 4) The various cleanliness missions of the government, and their importance, are explained.
- 5) Gender equality is strictly followed.
- 6) Cultural activities are conducted regularly to sensitize our children to the rich heritage of the country and society.
- 7) Various educational field trips as well as recreational activities are conducted.

At Swami Vivekanand Primary School, "education with a purpose" is followed. To this end, the school seeks to empower its students to think and act responsibly

Swami Vivekanand Vidyalaya & Kanishtha Mahavidyalaya (SVVKM)

Various activities pertaining to sustainability – environmental, civic, social educational, were held in the school.

1. To spread awareness of good health, "International Yoga Day", was celebrated on 21st june 2017. Students participated with full enthusiasm and performed various asanas.





2. The "Tree Plantation Drive," was held on 1st july 2017, wherein saplings were planted by the heads teachers and some students. The students were made aware of ways in which they can protect their environment.





- 3. "World Literacy Day", was celebrated on 8th september 2017, in which the students were told about the importance of receiving education.
- 4. The campaign of "Rally for Rivers", conceived by the well known spiritual guru, Jaggi Sadhguruji was taken up by the school. The students took a pledge to, 'Save Rivers' on 18th September 2017.
- 5. Gandhi Jayanti which falls on 2nd Ocotber, was marked by the, "Swacha Bharat Abhiyan". On this day various competitions related to cleanliness, like drawing, poster making, slogan writing and essay writing were conducted for the students. The Girl Guides of the school took part in cleaning the school play ground. The N.C.C cadets too participated in the, 'Cleanliness Drive," in the school premises.







6. To spread awareness about the habit of reading, "Vachan Prerna Diwas", was celebrated on 13th October 2017. Students were given a number of books to choose from and read and a book review competition were held. Students took part in drawing, essay writing, speech and open book test competitions.





7. The Children's Day, 14th Nov 2017 was celebrated as 'No Smoking Day' & 'No Tobacco Day'. The students were enlightened about the fatal effects of smoking and chewing tobacco by the means of lectures, posters and skits.









- 8. The Constitution Day was celebrated on 26th November 2017 to commemorate the foundation of the Constitution of India. All the teachers and students took oath of the preamble.
- 9. The "Minorities Rights Day", was celebrated on 18th December 2017. On this day, students participated in various activites like Speech, Essay Writing and Drawing Competitions. The students took active part and understood the aim and values of the day.
- 10. A "Happy Program", was held on 16th-17th July 2018. The objective of the program was to promote good health and to reduce the vulnerability of substance abuse among the adolescents.





The other important days which were celebrated in the school premises included –

1st December – World Aids Day.

10th December – Human Rights Day.

3rd Jaunary 2018 – Balika Diwas.

Vivekanand Education Society's Leadership Academy and Research Centre (VESLARC)

Through various workshops, lectures and activities, VESLARC has primarily focused on the SDGs related to:

- a) Good health and well-being SDG 3
- b) Quality education- SDG 4
- c) Gender equality SDG 5
- d) Peace, justice and strong institutions SDG 16

Details of the activities, along with photographs, are given below:

Workshop for Students

- 1. **Assertiveness & Body Language for Girls** The objective is to empower and motivate the girl students, so that given their immense potential, they can not only be confident individuals and professionals, but also worthy citizens of society.
 - The workshop focussed on the following:
 - 1." I am a worthy individual" exercise
 - 2. Body language and assertiveness
 - 3. Thinking, speaking and behaviour Common mistakes and their solutions
 - 4. Assertiveness in speech
 - 5. Concluding thoughts setting goals

S. No.	Date	Topic	SDG linkage
1	12/04/2017	Assertiveness & Body	SDG 5 - Girl/Women
		Language for Girls	Empowerment





2. **Jigyaasa Workshop on Role of a Responsible Student-** One of the not-so-welcome aspects of student life can be groupism, peer pressure and even bullying. While every effort is made to reduce and minimize these in classrooms, sometimes it helps to empower students to view their own behavior, and their motivations objectively, in order to bring them towards desirable peer interaction. The objective is to help students bring forth the best values and traits in themselves, while working with their fellow-classmates. Some of the topics discussed, were: Groupism and bullying -

why does it happen, how to be a true leader, how to respond to a situation where one feels dominated upon, the dynamics of teamwork and so on.

S. No.	Date	Topic	SDG linkage
1	20/04/2017	Role of a responsible	SDG – 4 quality Education
		student	





Workshops for Teaching Staff

1. **Antarmukhita workshop on Health** – The aim is to incorporate healthy habits into our days and ensure workplace productivity is thus maintained too. The session began with simple stretching exercises to alleviate neck-pain, caused due to hours of working with the computer, and also included an asana that improves blood sugar control and core strength, while strengthening the back. Next, simple dietary inclusions were discussed. Attitudinal changes and simple daily habits were included too. Finally, fitness as a way of life and the means for including fitness in our busy schedules was discussed.

S. No.	Date	Topic	SDG linkage	
1	14/02/2018	Health & Immunity	SDG-3 - Good Health &	
			Well-being	





- 2. Workshop How teachers can be Counsellors teachers are informal counsellors, especially to students who don't have any one else to turn to. In order to share some guidelines and techniques with teachers, with the aim of helping them in this role of counselling, some of the themes covered, were:
 - 1. Why and how a teacher can also be a confidant, a counsellor and a guide to students
 - 2. Spotting "red-flag" symptoms that call for counselling
 - 3. How mischief in the classroom may be an attention-seeking device, indicating the need for discussion before discipline

- 4. Symptoms and therapies to handle Attention Deficit Disorder, Attention Deficit Hyperactivity Disorder
- 5. Managing one's own mind and emotions while counselling students.

S. No.	Date	Topic	SDG linkage	
1	27/04/2017	How Teachers can be good	SDG – 16 – Peace and	
		counsellors	Justice Strong Institutions	
			SDG – 4 – Quality	
			Education	





Workshops for Support Staff

1. International Yoga Day - VESLARC was privileged to conduct 3 programmes for the same - for the staff and students of VES Polytechnic (VESP), for the support staff members of VES Institute of Management Studies and Research, and for the 1st year PGDM students of the latter institute. Since the interaction with VESP, for yogasana learning, has been an ongoing one, our event began with a discussion as to how to identity and overcome our mental "tamas" that stops us from carving out a few minutes from each day for this wonderful pursuit. After watching a short video and praying, we moved on to various asanas. The benefit of each asana was explained. Asanas to prevent or manage health disorders related to the thyroid and thymus glands, the endocrine system, and overall metabolism, were practised. The programme concluded with suggestions on how to optimally devote time for yogasana, chanting of Omkar, and some guided visualization.

S. No.	Date	Topic	SDG linkage
1	21/06/2017	International Yoga Day	SDG-3 - Good Health &
			Well-being
2	21/06/2017	International Yoga Day -	SDG-3 - Good Health &
		staff	Well-being
3	21/06/2017	International Yoga Day -	SDG-3 - Good Health &
		students	Well-being







- 2. **Diabetes Prevention Talk** As India is unfortunately poised to have the largest number of people with this health disorder in some years' time, it becomes incumbent on educationists to do their part towards raising awareness to prevent this lifestyle ailment. Keeping this in mind, VESLARC teamed up with Ayurved Vyaspeeth, to organise 2 sessions for around 400 -450 students of the 11th and 12th standards, of Swami Vivekanand Junior College, Sindhi Society, on "How to prevent Diabetes".
 - The talks, conducted by two Ayurvedic doctors, focussed on the following:
 - 1. Why is it important to know about this ailment?
 - 2. What are its symptoms?
 - 3. What are the food habits we can change to prevent it?
 - 4. How does lifestyle make a difference to diabetes?
 - 5. What are some of the other associated preventive measures (accupressure, mudra, etc) that can help in keeping us healthy?
 - 6. How is meditation linked to digestion and how is digestion linked to overall well-being?
 - 7. What are the do's and don'ts of daily habits to prevent diabetes?

S.	Date	Institute	Topic	SDG linkage
No.				
1	13/11/2017	Swami	Diabetes Prevention	SDG-3 - Good
		Vivekanand	Talk	Health & Well-
		High School &		being
		Junior College		
2	21/12/2017	VES	Diabetes Prevention	SDG-3 - Good
		Polyechnic -	Talk	Health & Well-
		students		being
3	23/12/2017	VES	Diabetes Prevention	SDG-3 - Good
		Polyechnic -	Talk	Health & Well-
		staff		being
4	28/12/2017	VES College	Diabetes Prevention	SDG-3 - Good
		of Pharmacy	Talk	Health & Well-
				being





- 1. **International Women's Day -** A day dedicated to encouraging women to seek inspiration and success, needs to go beyond mere words to concrete action and the sharing of useful knowledge. VESLARC was able to arrange for the installation of dispensing machines for feminine care products, at 4 of our VES schools:
 - 1. Swami Vivekanand School, Collector's Colony
 - 2. Vivekanand English High School, Kurla
 - 3. Swami Vivekanand Kanishtha Mahavidyalaya, Kurla
 - 4. Swami Vivekanand High School (SVHS) and Junior college, Sindhi Society.

The ribbon-cutting ceremonies were done in the presence of lady staff members and girl students. Short talks on the correlation between health and well-being, and also the linkage to the sustainability goals of PRME, were made.

These 4 inauguration ceremonies were followed by a very comprehensive and helpful talk on healthy eating habits for fitness, for the students and staff members of VES Polytechnic, by a nutritionist and dietician. The objective of the talk was to raise awareness on good health practices for the younger generation.

S. No.	Date	Institute	Topic	SDG linkage
1	08/03/2018	VE Polytechnic	International Women's Day - talk	
				being SDG – 13 – Climate Action
2	08/03/2018	Vivekanand English High School & Swami Vivekanand Kanishtha Vidyalaya, Kurla	International Women's Day – talk + activity	SDG-3 - Good Health & Well- being SDG - 13 - Climate Action
3	08/03/2018	Swami Vivekanand High School & junior college	International Women's Day – talk + activity	SDG-3 - Good Health & Well- being SDG - 13 - Climate Action
4	08/03/2018	Devkibai Chanrai School (DBC)	International Women's Day – talk + activity	SDG-3 - Good Health & Well- being

	SDG - 13 -
	Climate Action







Workshops and Activities conducted outside the VES group of educational institutes:

- **1. Impactful Parenting** Happy children need happy homes that mean, they need parents who are mentally-emotionally resilient and self-aware. To address the growing need to have discussions on this theme, VESLARC conducted a workshop on "Impactful Parenting" for parents located in the Chembur area. The highly interactive and vibrant workshop covered these topics:
 - 1. Reminder of fundamental concepts of parenting
 - 2. Avoiding common errors
 - 3. Using "magic wands" of tri-guna management and attitude management for self and child / children
 - 4. Nurturing oneself is necessary for good parenting
 - 5. Care to be taken for use of technology

Discussions and questions revolved around myriad other related topics such as:

- 1. The role of grand-parents; family dynamics; generational clashes
- 2. Handling sibling rivalry
- 3. Being a "referee" between two children
- 4. Dealing with guilt for not being able to give adequate time to children
- 5. Role modeling by parents
- 6. Emotional distance between children and fathers

S. No.	Date	Topic	SDG linkage
1	12/08/2017	Impactful Parenting	SDG - 16 - Peace &
			Justice Strong Institutions





2. **Happy Teaching - Some Secrets** – Under the aegis of the Maharashtra State Board for Technical Education, VESLARC conducted a workshop on the theme: "Happy

teaching - Secrets and techniques", for a group of teachers and HODs of various polytechnic colleges of Maharashtra, organized by VES Polytechnic.

Some of the themes discussed were:

- 1. Changing trends in education and the need for teachers to adapt to the same
- 2. Role of a teacher supplier of data v/s transformative catalyst in the lives of students
- 3. Being a great teacher 7 secrets
- 4. Likeability as a hidden aspect of impactful teaching
- 5. Experiential and immersive learning possible under the boundaries of NAAC, NBA and other regulatory bodies
- 6. Happy living physical, mental, emotional and spiritual tools and tips

The half-day workshop was designed to be participative, with individual and group activities, videos and a "visualization of gratitude" exercise.

S. No.	Date	Topic	SDG linkage
1	22/12/2017	Happy Teaching - Some	SDG – 16 – Peace &
		Secrets	Justice Strong
			Institutions
			SDG – 4- Quality
			Education







3. **Joyful Professionalism & Teamwork – workshop at -** Shri Chandulal Nanavati Vinaymandir school-

The themes of motivation, teamwork, professionalism and productivity were discussed for the teaching staff of this school. The workshop, interspersed with written exercises, group activities, songs, videos and introspective questions, led to several topics being discussed at length. The need for "me-time" for the teachers was agreed upon as being very important, though often neglected aspect of life. The session includes individual exercises, video clips, a group exercise based on a song from a movie, and such inputs.

S. No.	Date	Topic	SDG linkage
1	05/10/2017	Joyful Professionalism &	SDG - 16 - Peace &
		Teamwork	Justice Strong Institutions
			SDG – 4 – Quality
			Education







4. Paper presentation on sustainability - Ms Piya Mukherjee, Director - VESLARC presented a paper on "Wisdom Leadership and Vedantic guidelines for Sustainable Development" at TERI University, Delhi.

The brief conceptual paper was divided into two parts – Wisdom leadership as analysed in the Western and Indian perspectives, and Vedantic concepts guiding sustainable development. The objective was to show:

- How both aspects of leadership as well as day-to-day decision making, can be guided by wise, sustainability-linked approaches.
- How the Indian ethos has always had very strong foundations of sustainability through the ages.

S. No. D	ate	Topic	SDG linkage
1 23		Wisdom Leadership and Vedantic guidelines for Sustainable Development	